



SIREN SPA



Welcome

Welcome to The Siren Spa at Sirenian Bay.

Enjoy ultimate relaxation at the hands of our therapists as you unwind in Caribbean luxury.

We invite you to experience paradise in our treatment suite, in your villa, or on the beach.



Siren's Signature Couple's Experience

Pure luxury. Relax and unwind together as you share this indulgent experience. This two-hour session includes a 90-minute massage, combining Swedish massage, hot stones, and aromatherapy for the ultimate relaxation experience.

Finish with 30 minutes in our Relaxation Garden with your favorite beverage leaving you feeling completely refreshed.

120 minutes BZ \$500 (\$250 USD)



Massage

Swedish Massage

Relax with a classic Swedish-style massage to melt your tension away, followed by a fifteen-minute retreat in our Relaxation Garden.

60 minutes BZ \$150 (\$75 USD)

90 minutes BZ \$210 (\$105 USD)

Deep Tissue massage

A therapeutic massage for chronic aches and pain and contracted areas such as a stiff neck and upper back, low back pain, leg muscle tightness, and sore shoulders.

60 minutes BZ \$180 (\$90 USD)

90 minutes BZ \$250 (\$125 USD)





Aromatherapy Massage

Enjoy a traditional Swedish-style massage enhanced with specially blended essential oils to ensure your relaxation, followed by a fifteen-minute retreat in our Relaxation Garden.

60 minutes BZ \$180 (\$90 USD)

90 minutes BZ \$250 (\$125 USD)

Hot Stone Massage

Relax with a traditional Swedish-style massage, coupled with hot stones to enhance your experience, followed by a fifteen-minute retreat in our Relaxation Garden. Muscle tension drifts away with the heat from our warm river stones. Leave feeling grounded and refreshed.

60 minutes BZ \$170 (\$85 USD)

90 minutes BZ \$200 (\$100 USD)

Jet Lag Massage

A therapeutic massage using selected oils that enhances the blood circulation, eases muscular pain and relaxes the muscles of the shoulders, with a relaxing head massage.

60 minutes BZ \$160 (\$80 USD)

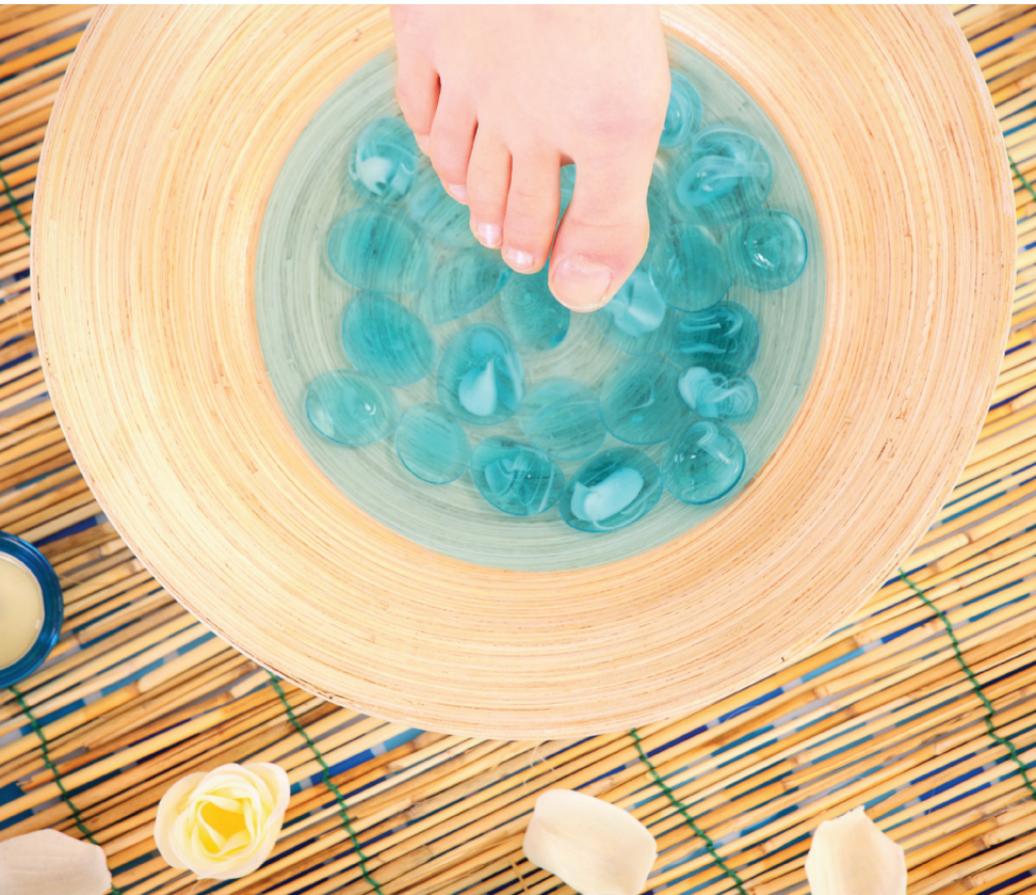
90 minutes BZ \$190 (\$95 USD)

Specialty Services

Relaxing Foot Massage

A great way to relax after a long day of standing up and walking around, when our feet tend to swell up. The muscles in the feet get hardly any exercise and circulation and are often impaired by tight and uncomfortable shoes. A 30-minute massage session can greatly improve circulation in the lower extremities, which is particularly important for people suffering from diabetes. Besides, it activates your body's self-healing power!

45 minutes BZ \$100 (\$50 US)





Ionic Foot Detox & Relaxing Foot Massage

Energize tired feet with a 30-minute soak in our ionic foot bath in our Relaxation Garden

The detox foot bath contains salt water with electrodes that pass an electrical current through the liquid. Your feet are submerged in the water for 30 minutes. During this time, toxins are removed from the skin pores through the bottom of your feet. The water should change color once your session is over.

A great way to relax after a long day of standing up and walking around, when our feet tend to swell up. The muscles in the feet get hardly any exercise and circulation is often impaired by tight and uncomfortable shoes. A 30-minute massage session can greatly improve circulation in the lower extremities, which is particularly important for people suffering from diabetes. Besides, it activates your body's self-healing power!

60 minutes BZ \$160 (\$80 USD)

Nail Services

Manicure

A classic manicure with gentle hand and arm massage, moisturizing treatment, cuticle conditioning, followed by nails groomed and polished to perfection.

60 minutes BZ \$50 (\$50 USD)

Pedicure

A classic pedicure pampers you with a gentle leg and foot massage, moisturizing treatment, cuticle conditioning, followed by nails groomed and polished to perfection.

60 minutes BZ \$70 (\$35 USD)

Mani/Pedi Combo

Be beach-ready with this energizing combination. Gentle massage, cuticle conditioning, moisturizing treatment, and perfectly polished nails.

90 minutes BZ \$110 (\$55 USD)





Gel Polish

For longer wear, upgrade to gel polish.

BZ \$20 (\$10 USD)

French Polish

Add a French Tip enhancement to any nail service.

BZ \$20 (\$10 USD)

Polish Change

Get back on the beach with a quick polish change.

BZ \$30 (\$15 USD)

Body Treatments

Signature Facial

Women everywhere desire the same thing; smooth, clear, youthful looking skin. Facial treatments are one of the best ways to take care of your skin and will help to maximize your natural beauty. A facial will help you to achieve younger looking skin by increasing your skin's elasticity, improving textural irregularities, and tightening facial contours.

60 minutes BZ \$100 (\$50 USD)

Body Scrub with Light Massage

This process consists of an exfoliant gently loosening outermost dead skin cells, followed by a shower and an application of lotion.

A body scrub can be a stand-alone treatment, but it is often combined with a body wrap.

60 minutes BZ \$160 (\$80 USD)



The Siren Spa Experience

Designed to provide the complete relaxation, the Siren Spa at Sirenian Bay Resort & Villas offers an opportunity to restore and re-energize.



Arrival

Please arrive at least 15 minutes prior to your scheduled services. Late arrivals may result in a shorter service at full price.

Amenities & Refreshments

After your service, we invite you to spend time in our spa relaxation garden. This private oasis is the perfect place to reconnect before leaving the spa.

Age Limitations

Services are not available to guests under the age of 13. Guests between the ages of 13 - 18 must be accompanied by an adult and are welcome while they are receiving services. No one under the age of 18 is allowed in the Spa unless receiving services.

Prices & Gratuities

Prices listed are inclusive of 12.5% GST. Gratuity is not included but is always appreciated for excellent service.

Cancellation Policy

We understand you may need to cancel or reschedule your services. Please contact us immediately if such a need arises. Cancellations or reschedule requests within 24 hours of scheduled services may incur a fee up to the full price of the scheduled service.

Prenatal Policy

For the health and safety of both mother and child, we do not offer massage services to expectant mothers. Nail services and the Relaxation Garden are available.

Spa Services

Siren's Signature Couples Experience

120 minutes BZ \$500 (\$250 USD)

Swedish Massage

60 minutes BZ \$150 (\$75 USD)

90 minutes BZ \$210 (\$105 USD)

Deep Tissue Massage

60 minutes BZ \$180 (\$90 US)

90 minutes BZ \$250 (\$125 US)

Aromatherapy Massage

60 minutes BZ \$180 (\$90 USD)

90 minutes BZ \$250 (\$125 USD)

Hot Stone Massage

60 minutes BZ \$170 (\$85 USD)

90 minutes BZ \$200 (\$100 USD)

Jet Lag Massage

60 minutes BZ \$160 (\$80US)

90 minutes BZ \$190 (\$95US)



Spa Services

Relaxing Foot Massage

45 minutes..... BZ \$100 (\$50 USD)

Ionic Foot Detox/Relaxing Foot Massage

60 minutes BZ \$160 (\$80 USD)

Manicure

60 minutes BZ \$100 (\$50 USD)

Pedicure

60 minutes BZ \$70 (\$35 USD)

Mani/Pedi Combo

90 minutes BZ \$110 (\$55 USD)

Gel Polish

..... BZ \$20 (\$10 USD)

French Polish

..... BZ \$40 (\$20 USD)

Polish Change

..... BZ \$30 (\$15 USD)

Signature Facial

60 minutes BZ \$100 (\$50 USD)

Body Scrub with Light Massage

60 minutes BZ \$160 (\$80 USD)

